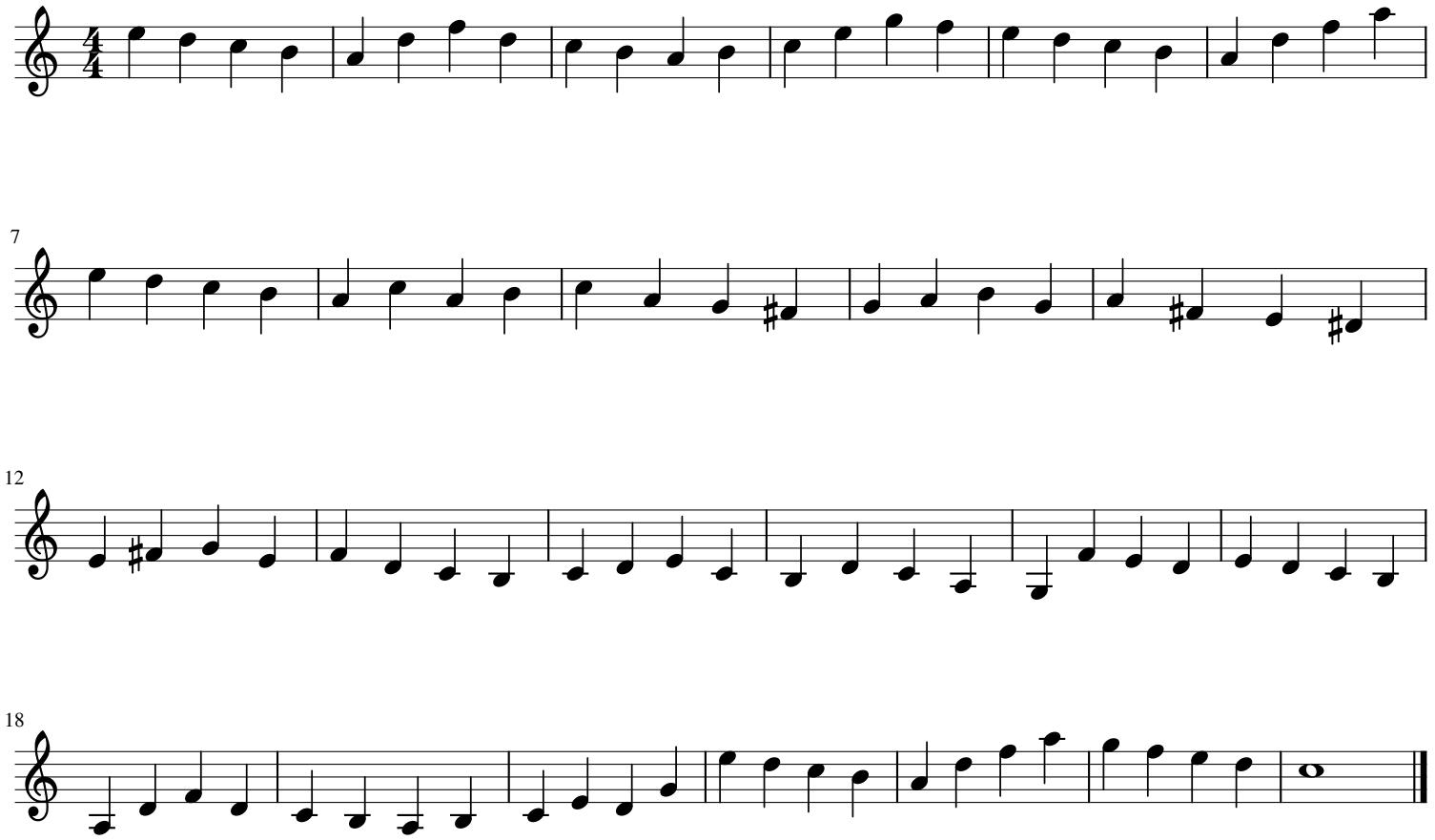Articulação de Arco