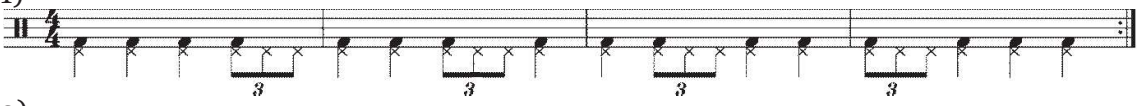
ESTUDO 12

Pés

Com o Ch

1)



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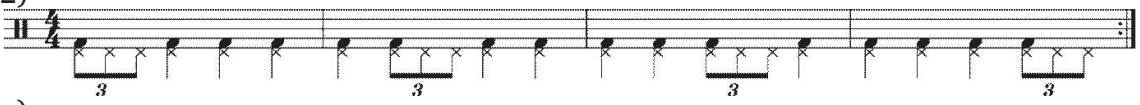

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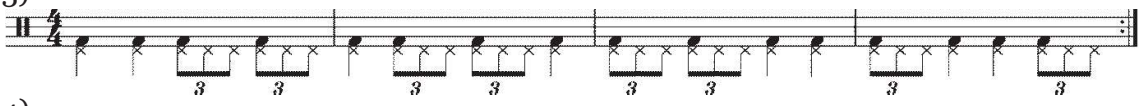

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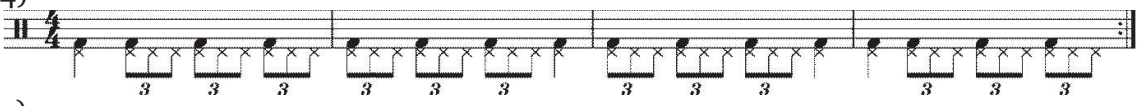

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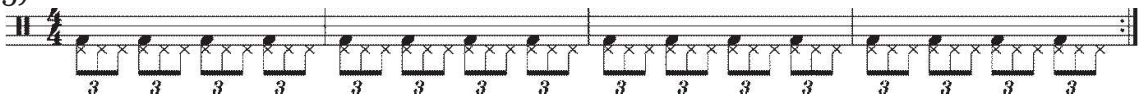
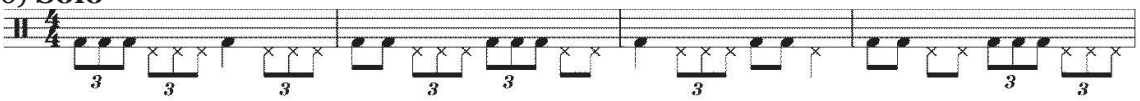
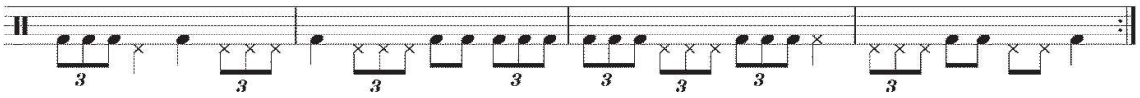


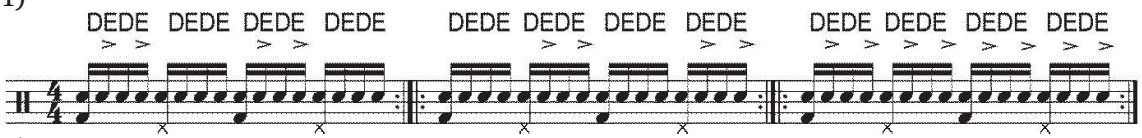
6) **Solo**





Mãos

1)



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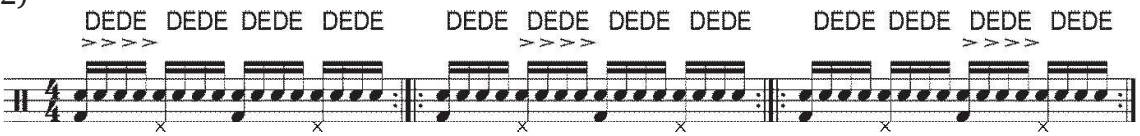

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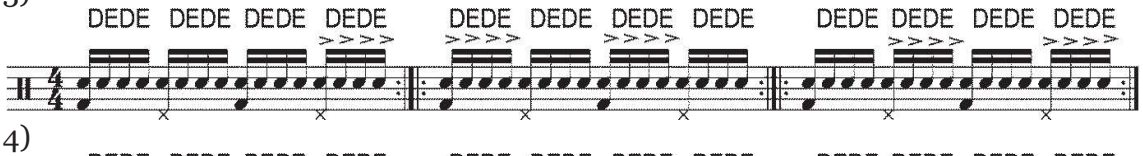

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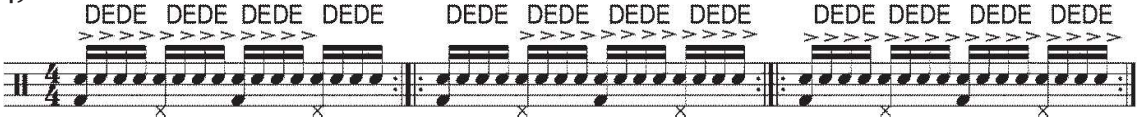
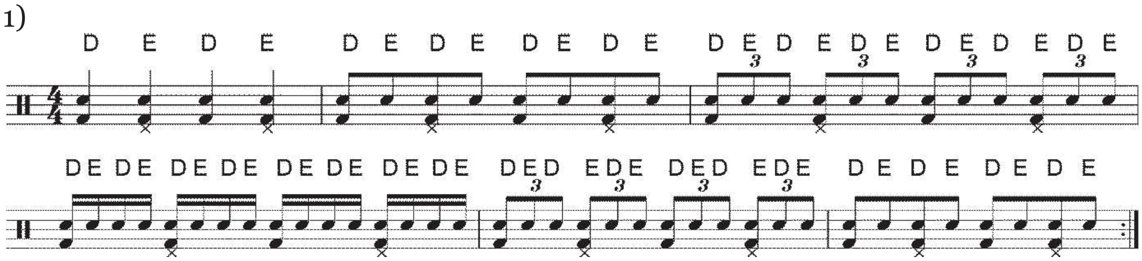


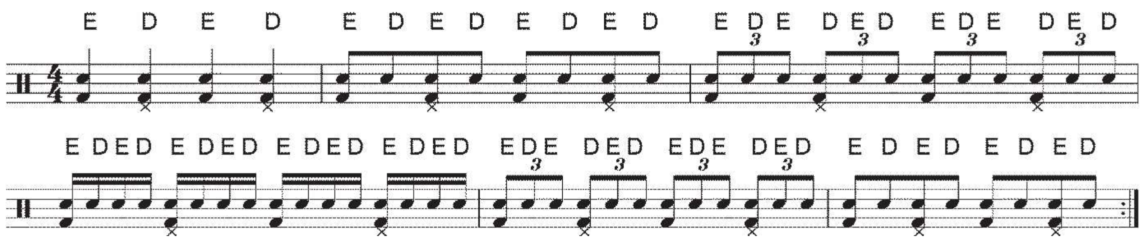
5) Refaça todos os exercícios anteriores propostos invertendo a ordem das mãos (*Ex.: EDED EDED etc...*). Poderá também neste momento retornar aos estudos 9 e 10 e refazer os exercícios de mãos tercinados também começando com a ME. Congratulações pois estamos evoluindo!!!

Coordenação - Exercício similar ao de coordenação do estudo anterior, porém agora faremos com a **manulação alternada (toques simples)**.

1)

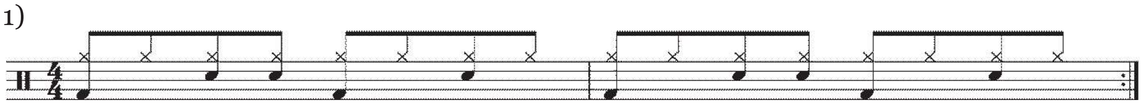


2) **Com a ME "a tempo"**



Rítmo - Dois toques seguidos na caixa

1)



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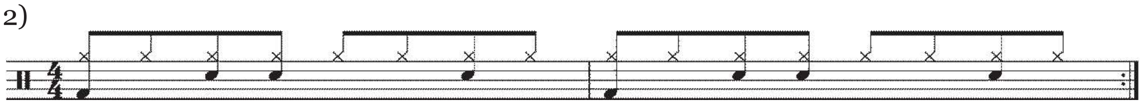

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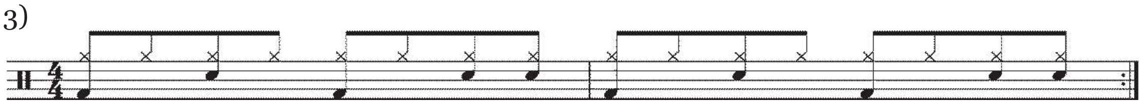

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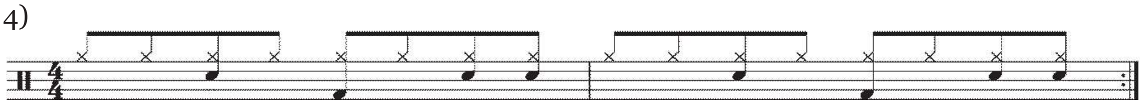

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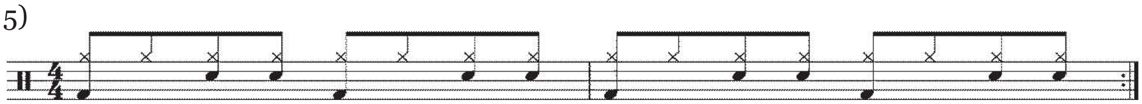

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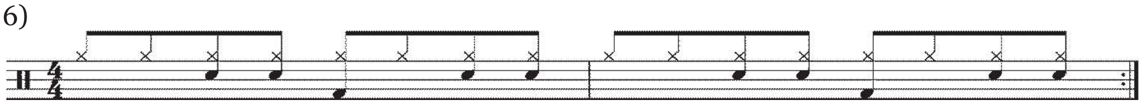

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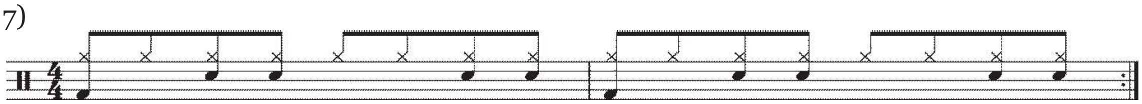
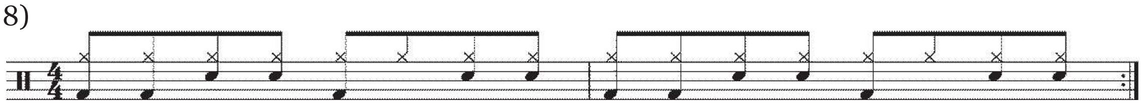
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